# Being Critical Toolkit - Transcript

Hi, my name is Emily, and I am an Academic Skills advisor with UniSkills. This toolkit has been designed to develop the skills you need to become a critical thinker, reader and writer.

Criticality can seem quite daunting at first as it is something many students feel they have not done before. You are not alone in feeling like this, but it is important to remember it is actually something you do in daily life, and you will learn to adapt this for academic purposes. Criticality is often expected as part of assessments, particularly as you move through your university journey, but this is not something you are expected to be able to do at the start of your course. This is a skill you will develop throughout your time at Edge Hill University.

Criticality will enable you to think critically about the sources you read and form an evidence-based argument on a topic, which will form the basis of your writing in many academic assignments. The ability to think critically will empower you to be able to make informed decisions both as part of your assessments and in professional environments, making it a key skill for success both within university and beyond.

So, let’s explore the process of criticality and help build confidence in your critical thinking, reading and writing.